New Mexico Diabetes Advisory Council Training

Preventing Hypoglycemia and Managing Its Risks

Friday, December 4, 2026 Virtual Training

12:00-1:20 PM

Potential CEUs 1.25

12:00-12:05 PM **Welcome and Speaker Bio Read – Shelbie Corriz, Board Chair**

12:05-1:20 PM ***Preventing Hypoglycemia and Managing Its Risks***

Cassandra Vanderpool, MS, RDN, LD

After completion of this presentation, participants will be able to:

1. Identify patient, medication, and system-level factors that increase the risk of hypoglycemia in people with diabetes.
2. Describe evidence-based approaches to hypoglycemia prevention and risk mitigation.
3. Develop a plan to incorporate at least one hypoglycemia prevention or risk-reduction strategy into their professional practice or organization.

1:20-1:30 PM **Individual Learner Assessment completion – Dianne Christensen, Developer**

TOTAL CPEUs 1.25

ACKNOWLEDGEMENT STATEMENT: NA

DISCLOSURE STATEMENT: UNM CPL policy, in compliance with the ACCME Standards of Commercial Support, requires that anyone who is in a position to control the content of an activity disclose all relevant financial relationships they have had within the last 24 months with any commercial interest. The following planners and faculty listed have disclosed that they do not have relevant financial relationship with a commercial interest:

Sue Perry PhD LPCC
Shelbie Corriz, MPH CHES
Cassandra Vanderpool, MS, RDN, LD

The planners and faculty listed below have disclosed that they have a relevant financial relationship with a commercial interest. The relationships were reviewed by UNM CPL and the planning committee, and conflicts of interest were resolved prior to the activity.

• Name:
• Commercial Interest:
• Relationship:

The following CME Reviewers disclose that they have no relevant financial relationships with any commercial interest: Jennifer Harbaugh, Sarah Burns, DO, MS, FACP, FHM and Gary Smith, PhD

ACCREDITATION STATEMENT: The University of New Mexico School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of New Mexico School of Medicine designates this live activity for a maximum of 1.25 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.