New Mexico Diabetes Advisory Council Training
Preventing Hypoglycemia and Managing Its Risks
Friday, December 4, 2026 Virtual Training
Bio

Cassandra Vanderpool, MS, RDN, LD

Cassandra Vanderpool is a Registered Dietitian Nutritionist who has worked with the New Mexico State University Cooperative Extension Service for over 16 years. She oversees Kitchen Creations, a statewide cooking and nutrition program for people with diabetes and supports additional health initiatives throughout New Mexico. She currently serves as Secretary of the New Mexico Academy of Nutrition and Dietetics. Dedicated to helping people live healthier lives, she enjoys connecting individuals and communities with practical, evidence-based resources that support health and well-being.