

New Mexico Diabetes Advisory Council Training
Zoo

Friday, June 5, 2026 Virtual Training

12:00-1:20 PM

Potential CEUs 1.25

12:00-12:05 PM **Welcome and Speaker Bio Read – Shelby Corriz, Board Chair**

12:05-1:20 PM ***Gut Microbiome, GLP-1, & Glucose Control: Translating Science into Diabetes Care***

Zahra Ezzat Zadeh, MS, RDN, Ph.D., NMSU Assistant Professor and Extension Food and Nutrition Specialist

After completion of this presentation, participants will be able to:

- Explain the role of the gut microbiome and GLP-1 in glucose regulation.
- Describe how GLP-1 receptor agonists affect gastrointestinal function, microbiome composition, and metabolic outcomes.
- Apply knowledge of GLP-1 mechanisms and gut microbiome-related effects to improve diabetes treatment and quality of patient care.

1:20-1:30 PM **Individual Learner Assessment completion – Dianne Christensen, Developer**

TOTAL CPEUs 1.25

ACKNOWLEDGEMENT STATEMENT: NA

DISCLOSURE STATEMENT: UNM CPL policy, in compliance with the ACCME Standards of Commercial Support, requires that anyone who is in a position to control the content of an activity disclose all relevant financial relationships they have had within the last 24 months with any commercial interest. The following planners and faculty listed have disclosed that they do not have relevant financial relationship with a commercial interest:

Sue Perry PhD LPCC

Shelby Corriz, MPH CHES

Zahra Ezzat Zadeh, MS, RDN, Ph.D.

The planners and faculty listed below have disclosed that they have a relevant financial relationship with a commercial interest. The relationships were reviewed by UNM CPL and the planning committee, and conflicts of interest were resolved prior to the activity.

- Name:
- Commercial Interest:
- Relationship:

The following CME Reviewers disclose that they have no relevant financial relationships with any commercial interest: Jennifer Harbaugh, Sarah Burns, DO, MS, FACP, FHM and Gary Smith, PhD

ACCREDITATION STATEMENT: The University of New Mexico School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of New Mexico School of Medicine designates this live activity for a maximum of 1.25 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.