



National Diabetes Prevention Program Overview

Thank you for your interest in the National Diabetes Prevention Program (NDPP). Below is outlined information on what the Diabetes Prevention and Control Program (DPCP) commits to provide Lifestyle Coaches (LC) and their organizations who partner in providing the NDPP. Site requirements and commitments are also outlined.

Please contact Mimi Ludden, Health Educator with DPCP, at 505.841.5848 or Sue Perry, Master Trainer, at 505.955.4048 with any questions.

The DPCP commits to providing:

- A free two day LC training that typically costs \$350 per participant and includes all program materials
- Monthly technical assistance conference calls with DPCP, other NDPP Lifestyle Coaches, and the Centers for Disease Control and Prevention (CDC)
- Support from DPCP Health Educator, Mimi Ludden and NM's NDPP Master Trainer, Sue Perry, to assist you as needed
- Access to the LC network
- Access to DPCP tools that will support program sustainability and efficiency
- Assistance with marketing and promotion for health care providers and consumers
- Access to a referral system that may help your organization refer individuals to the NDPP and other programs

Your organization commits to:

- Applying for CDC's Diabetes Prevention Recognition Program (DPRP) before delivering the NDPP curriculum
- Maintaining adequate staffing to ensure that your organization can administer the NDPP and track and submit data as required by the DPRP
- Sustaining the program over subsequent years
- Starting a NDPP course within 3 months of the Lifestyle Coach training
- Having at least one coach within your organization participate in the monthly Lifestyle Coach conference calls
- Keeping DPCP informed of the status of your NDPP and Lifestyle Coaches (e.g. if they leave their position)
- Helping DPCP expand the NDPP throughout the state by answering surveys or participating in conversations about NDPP implementation
- Having a consistent private meeting space as well as providing a scale and participant materials for the program