
**New Mexico Department of Health Chronic Disease Prevention and Control Bureau
Making the Connection: Working Across Programs to Address Chronic Diseases**

A Continuum Across the Life Span

- Build healthy communities and healthy people.
- Promote healthy lifestyles.
- Prevent chronic conditions among those at highest risk.
- Increase access to screening and early intervention for chronic diseases.
- Manage chronic conditions like obesity, cancer, diabetes, heart disease, and stroke.

Why this is Important

- Chronic diseases including heart disease, cancer, stroke and diabetes are the leading causes of death and disability in the United States and New Mexico.
- Chronic diseases share:
 - common risk factors such as poverty, low educational attainment, poor diet, physical inactivity, tobacco use and obesity
 - common prevention and management strategies, such as improving access to healthy eating, active lifestyles, tobacco cessation, healthy weights and screening and early intervention services
- This holistic approach serves the whole person and is a more efficient and effective use of resources.

Role of the New Mexico Department of Health Chronic Disease Prevention and Control Bureau

- Increase opportunities for healthy eating, physical activity and tobacco-free environments where children and adults live, learn, work, and play.
- Inform, educate and engage children and adults to adopt and sustain healthy behaviors
- Mobilize the health care community to identify people at risk for chronic disease and improve access to resources and care.
- Provide resources and services that help people, providers and communities work together to reduce the burden of chronic disease.
- Use data to identify need, monitor progress and prioritize efforts.
- Partner with all sectors to sustain approaches that work.

How You Can Help: Make the Connections

- Consider where your work intersects with our efforts.
- Identify and build new partnerships that are mutually beneficial.
- Let us know how we can work together to make this happen!

**Breast and Cervical Cancer Program
Colorectal Cancer Program
Comprehensive Cancer Program
Diabetes Prevention and Control Program
Heart Disease Stroke Prevention Program
Obesity, Nutrition and Physical Activity Program
Tobacco Use Prevention and Control Program**

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