

# **Growing in the Right Direction**

Programs that work to prevent and manage diabetes

## Agenda

April 10, 2015

9:30 am to 3:30 pm

New Mexico Carpenters Union, Albuquerque

9:30 – 10:00 AM Registration & Networking

10:00 – 10:20 AM Welcome and NMDAC Update

Susan Dade, RD, LD, CDE NMDAC Chair-Elect

10:20 – 10:30 AM New Mexico Department of Health Update

Judith Gabriele, MPH, Program Manager Diabetes Prevention & Control Program (DPCP)

## **CONTINUING EDUCATION SESSION (2.5 hours)**

10:30 - 11:00 AM Growing in the Right Direction

DPCP: Judith Gabriele and Chris Lucero, BCH, CHES

11:00 AM - Noon Facing the Challenges of Prediabetes in New Mexico

DPCP: Laura Hellwig, RN and Mimi Ludden, MS, MA

Noon – 12:30 PM Lunch

12:30 – 1:30 PM The Nuts and Bolts of NDPP, MyCD and DSMP

Susan J. Perry, PhD, CDE, LPCC

Catherine Offutt. MBA

## SPECIAL PANEL AND ACTIVITY SESSION

1:30 to 2:15 PM An Insider's View: Panel Session

Participants from each program will share experiences

2:20 – 3:10 PM Huddle and Interchange Session: How Do We Grow and

Ensure Success of NDPP, MyCD, and DSMP?

Small groups discuss how they will identify opportunities and/or venues to refer, promote and/or deliver programs

3:10 – 3:20 PM Organizational Commitments to Scaling & Sustaining

**Our State Programs** 

## **Mark Your Calendar**

2015 Educational Sessions

• June 5

Diabetic Gastroparesis

September 11

The Latest in Diabetes
Medications & Treatments

• December 4
Native Foods

Demonstration

## **CEU Information**

This session is eligible for 2.5 hours of the following continuing

education units:

**CME**: Continuing Medical

Education\*

**CHES**: Certified Health Education **CDR**: Commission on Dietetic

Registration

\* Nurses and Pharmacists can apply for CMEs, so long as they complete additional documentation.

Make sure you have signed-in and received the required paperwork.

NMDAC also provides Certificates of Attendance upon request.

# **Educational Objectives**

## By the end of the presentation, participants will be able to:

- 1. Discuss the burden and challenges prediabetes presents in New Mexico.
- 2. Review diagnosis, prevention and treatment for individuals at risk for diabetes or with prediabetes.
- 3. Improve knowledge regarding the National Diabetes Prevention Program (NDPP).
- 4. Discuss patient-centered coordination for individuals with prediabetes.
- 5. Identify and describe participant eligibility and program requirements for each of the evidence-based programs.
- 6. Identify opportunities and/or venues within their organization to refer people to, promote and/or deliver any of the following evidence-based programs: National Diabetes Prevention Program, Chronic Disease Self-Management Program/MyCD and Diabetes Self-Management Program.

#### **ACCREDITATION STATEMENT**



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the New Mexico Medical Society (NMMS) through the joint providership of Rehoboth McKinley Christian Health Care Services (RMCHCS), the New Mexico Diabetes Advisory Council and the New Mexico Department of Health. RMCHCS is accredited by NMMS to provide continuing medical education for physicians.

RMCHCS designates this live activity for a maximum of 2.5 AMA PRA Category 1 Credit(s) $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **DISCLOSURES**

The following program planners disclose that they have no relevant financial relationships with any commercial interest.

Committee Chair: Susan Perry, PhD, CDE, LPCC

Board Chair: Linda Reineke, RD, CDE

Barbara Macmillan, RN, CDE

Marjorie Cypress, PhD, C-ANP, CDE

Allison Kozeliski , MSN, RN, NE-BC

Kimberly Madden, MSN, BSN

NMDAC Coordinator: Karli Massey

Sharon Gerena, MSN, RN, CDE

Dona Orgeron, RN

Claire Banks, MS RD/LD, CDE, BC-ADM

Hope Foster, RN

Tempa Tate, MS, RD

The following CEU Speakers have disclosed that they have no relevant financial relationship with any commercial interest: Judith Gabriele, Laura Hellwig, Chris Lucero, Mimi Ludden, Catherine Offutt, Susan Perry

### **ACKNOWLEDGMENTS**

We would like to acknowledge and thank the following organizations for their support: New Mexico Department of Health Diabetes Prevention & Control Program

**Novo Nordisk**