



New Mexico Diabetes Advisory Council

Training and CEU Session
Friday, June 14, 2013
10:00 a.m. – 2:00 p.m.

CNM Workforce Training Center

5600 Eagle Rock Avenue NE, Albuquerque, NM 87113

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| 10:00 – 10:30 AM | Registration & Networking <ul style="list-style-type: none">• Vendor Table: Merck |
| 10:30 – 10:45 AM | Welcome, Announcements, Review of Notes from NMDAC April 12, 2013 Training, and NMDAC Update <ul style="list-style-type: none">• Marjorie Cypress, PhD, NMDAC Chair |
| 10:45 – 11:15 AM | NMDAC Member Survey Results <ul style="list-style-type: none">• Karli Massey, NMDAC Coordinator |
| 11:15 – 11:30 AM | New Mexico Department of Health Diabetes Prevention and Control Program (DPCP) Update <ul style="list-style-type: none">• Judith Gabriele, MPH, Program Manager, NMDOH DPCP |
| 11:30 AM – Noon | Lunch & Networking |
| Noon – 2:00 PM | CEU Session:
National Diabetes Prevention Program Practicum
<i>Hands-on training for how to put the program to use</i>

Experienced Lifestyle Coaches will discuss best practices and lead group activities on the three main components of pre-diabetes management as outlined in the National Diabetes Prevention Program. <ul style="list-style-type: none">• NUTRITION: Linda Reineke, RD, CDE
Diabetes Educator, University of New Mexico Health Sciences Center• ACTIVITY: Kathleen Garcia, RN
Disease Manager, Kirtland Air Force Base• EMOTION: Susan Dade, RD, LD, CDE
Pre-Diabetes Lifestyle Coach, Carlsbad Medical Center |

Working to reduce the burden of diabetes on communities throughout New Mexico

CEU Training Objectives

At the conclusion of the program, participants should be able to:

1. Explain the National Diabetes Prevention Program curriculum and its applications to assist patients with pre-diabetes in integrating healthy eating and physical activity into their daily lives in order to prevent or postpone the development of diabetes.
2. State two strategies or tools used to achieve 'Healthy Lifestyle' goals.
3. Identify some potential situations that may sabotage achieving lifelong success.
4. Discuss the major barrier to accumulating 150 minutes of physical activity per week and how to address this barrier with patients.
5. Identify the role of the diabetes educator in the National Diabetes Prevention Program.

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Disclosure

The following planners from the New Mexico Department of Health, NMDAC, and panelists disclose that they have no relevant financial relationships with any commercial interest.

Planners: Marjorie Cypress, Sharon Gerena, Susan J. Perry, Rosemary Anslow and Karli Massey of NMDAC; Tempa Tate, New Mexico Department of Health Diabetes Prevention and Control Program; Susan Baum, New Mexico Department of Health

Speakers: Linda Reineke, RD, CDE, Kathlene Garcia, RN, Susan Dade, RD, LD, CDE

Acknowledgment

This educational training is supported by the **New Mexico Department of Health Diabetes Prevention & Control Program.**

Accreditation:

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of New Mexico Office of Continuing Medical Education and the New Mexico Department of Health. The University of New Mexico Office of Continuing Medical Education is accredited by the ACCME to provide continuing medical education for physicians.

The Office of Continuing Medical Education designates this educational activity for a maximum of 2.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



The New Mexico Pharmacists Association is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program provides 2.0 contact hours (2.0 CEUs) of continuing pharmacy education credit. The program is designed for pharmacists and related healthcare providers. NMPHA will issue statements of credit by mail within 4-6 weeks to attendees who have successfully complete a Program Evaluation Form.

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Initial Release Date: 6/14/13

In addition to physicians, nurses and pharmacists, NMDAC offers continuing education credits for CHES and Dieticians.