



New Mexico Diabetes Advisory Council

Friday, April 13, 2012

CNM Workforce Training Center

5600 Eagle Rock Avenue NE, Albuquerque, NM 87113

- 10:00 – 10:10 AM** **Welcome, Announcements, and Review of Notes from NMDAC December 2011 Training**
- Kathleen Garcia, RN, NMDAC Chair
- 10:10 – 10:20 AM** **NMDAC Update**
- Kathleen Garcia, RN, NMDAC Chair
- 10:20 – 10:30 AM** **DPCP Update**
- Judith Gabriele, MPH, Program Manager, NMDOH DPCP
- 10:30 – 10:50 AM** **Teens Struggling with Diabetes: The Outdoor Program**
- Susan J. Perry, PhD, City of Santa Fe and NMDAC
- 10:55 – 11:05 AM** **Networking**
- 11:05 – 11:35 AM** **Strong Women Strong Bones: Strength Training Bone Health Program for Women Over 50**
- Paula Roybal-Sanchez, MA, NMSU Cooperative Extension Service, Los Alamos County
 - Desaree Jimenez, MA, NMSU Cooperative Extension Service, Rio Arriba County
- 11:35 – 12:00 PM** **LUNCH BREAK**
- 12:00 – 2:00 PM** **CEU Session:**
Just Be It! Healthy and Fit: Nutrition and Fitness Program for Youth and Their Families
- Desaree Jimenez, MA, NMSU Cooperative Extension Service, Rio Arriba County
 - Paula Roybal-Sanchez, MA, NMSU Cooperative Extension Service, Los Alamos County
 - Jacqueline Baca, MA, NMSU Cooperative Extension Service, Santa Fe County
 - Kathleen Garcia, RN, NMDAC



12:00—2:00PM

CEU Session:

Just Be It! Healthy and Fit: Nutrition and Fitness Program for Youth and Their Families

- Desaree Jimenez, MA, NMSU Cooperative Extension Service, Rio Arriba County
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Program Objectives:

At the conclusion of the program, participants will be able to:

1. Identify the Just Be It (JBI)! Healthy and Fit Program as tool that schools and parents can use to address childhood obesity concerns
2. Describe the JBI program to patients
3. List the key components/attributes of the JBI program
4. Explain to patients how to access the JBI program through the NMSU County Extension Offices

Disclosure

The following planner from the New Mexico Department of Health discloses that she has no relevant financial relationships with any commercial interest.

Planner: Pam Kovach New Mexico Department of Health Diabetes Prevention and Control Program; The following CEU Speakers have disclosed that they have no relevant financial relationship with any commercial interest.

CEU Speakers: Desaree Jimenez, MA, NMSU Cooperative Extension Service, Rio Arriba County; Paula Roybal-Sanchez, MA, NMSU Cooperative Extension Service, Los Alamos County; Jacqueline Baca, MA, NMSU Cooperative Extension Service, Santa Fe County; Kathleen Garcia, RN, New Mexico Diabetes Advisory Council

Acknowledgment

This event is supported by the New Mexico Department of Health Diabetes Prevention & Control Program.

Accreditation:

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of New Mexico Office of Continuing Medical Education and the New Mexico Department of Health. The University of New Mexico Office of Continuing Medical Education is accredited by the ACCME to provide continuing medical education for physicians.

The Office of Continuing Medical Education designates this educational activity for a maximum of 2.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



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SCHOOL OF MEDICINE



The New Mexico Pharmacists Association is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. This program provides 2.0 contact hours (2.0 CEUs) of continuing pharmacy education credit. The program is designed for pharmacists and related health care providers. NMPhA will issue statements of credit by mail within 4-6 weeks to attendees who have successfully completed a Program Evaluation Form.

ACPE # 0104-9999-12-014-L04-P

Initial Release Date: 4/13/12

In addition to physicians, nurses and pharmacists, we offer continuing education credits for CHES and dietitians.