



New Mexico Diabetes Advisory Council

# The Challenges of Aging & Managing Diabetes

September 5, 2014

9:30 am to 2:45 pm

Carpenters Union Training Center

## AGENDA

- 9:30 – 10:00 AM**      **Registration & Networking**
- 10:00 – 10:30 AM**      **Welcome and NMDAC Update**  
Linda Reineke, RD, CDE  
NMDAC Chair
- 10:30 – 10:45 AM**      **New Mexico Department of Health Update**  
Judith Gabriele, MPH, Program Manager  
Diabetes Prevention & Control Program
- 10:45 - 11:30 AM**      **Bridging the Gap Between Traditional Ways of  
Healing and Modern Medicine**  
Mitzie Begay, Cross-Cultural Coordinator  
Tséhootsoóí Medical Center
- 11:30 – 12:00 PM**      Lunch

## CONTINUING EDUCATION SESSION

- 12:00 – 1:30 PM**      **Diabetes Management in the Elderly:  
More Ain't Better**  
Dr. Richard Ortega, Medical Director  
Hospice de La Luz
- 1:30 – 2:00 PM**      **Mitigating Health Risks for Dementia:  
Caregiver Programs & Services**  
Chris McCaffrey, Regional Manager  
Alzheimer's Association

## SPECIAL PHYSICAL ACTIVITY SESSION

- 2:00 – 2:45 PM**      **Getting Seniors Moving**  
Kim Smith  
Zumba Gold Instructor

## CEU Information

This session is eligible for the following continuing professional education units:

**CME:** Continuing Medical Education

**ACPE:** Continuing Pharmacy Education

**CHES:** Certified Health Education

**CDR:** Commission on Dietetic Registration

Make sure you have signed-in and received the required paperwork to complete for your CEU application.

The educational objectives for this training are listed on the back page.

We also provide certificates of

# Educational Objectives

**At the conclusion of the program, participants will be able increase their skills and knowledge by:**

1. Applying best practices to current clinical practices of diabetes management in order to reduce the number of hypoglycemia incidents and falls targeted to different age stratifications.
2. Appraising measurable outcomes from diabetes best practices as they relate to long-term rates of cardio- and cerebrovascular morbidity and mortality.
3. Identifying appropriate caregiver candidates who can benefit from the services and programs offered through the Alzheimer's Association and how to refer them for assistance.

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## ACKNOWLEDGMENTS

We would like to acknowledge and thank the following organizations for their support:  
**New Mexico Department of Health Diabetes Prevention & Control Program**  
**Merck**

## DISCLOSURES

The following program planners disclose that they have no relevant financial relationships with any commercial interest.

Committee Chair: Susan Perry, PhD, CDE, LPCC  
Board Chair: Linda Reineke, RD, CDE  
Barbara Macmillan, RN, CDE  
Marjorie Cypress, PhD, C-ANP, CDE  
Allison Kozeliski, MSN, RN, NE-BC  
Kimberly Madden, MSN, BSN

NMDAC Coordinator: Karli Massey  
Sharon Gerena, MSN, RN, CDE  
Dona Orgeron, RN  
Claire Banks, MS RD/LD, CDE, BC-ADM  
Hope Foster, RN  
Tempa Tate, MS, RD

The following CEU Speakers have disclosed that they have no relevant financial relationship with any commercial interest: Dr. Richard Ortega, Chris McCaffrey

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## ACCREDITATION STATEMENTS

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the New Mexico Medical Society (NMMS) through the joint providership of Rehoboth McKinley Christian Health Care Services (RMCHCS) and the New Mexico Diabetes Advisory Council. RMCHCS is accredited by NMMS to provide continuing medical education for physicians.



RMCHCS designates this live activity for a maximum of 2.0 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



The New Mexico Pharmacists Association is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. This program provides 2 contact hours or 0.2 CEUs of continuing pharmacy education credit. The program is designed for pharmacists and related health care providers. CPE credits will be submitted into the CPE Monitor Database by NMPhA within 60 days based on the information provided on the program evaluation form.

**ACPE Program #** 0104-9999-14-070-L04-P

**Initial Release Date:** September 5, 2014